

St. James Catholic Church

1275 B Street Davis, CA 95616-2003

Tel: (530) 756-3636 -- Fax: (530)756-5342

www.stjamesdavis.org

Office Hours: Monday - Friday 8am-4:30pm

March 8, 2020 | Second Sunday of Lent

MASS SCHEDULE

Saturday Vigil: 5:30pm

Sunday: 8am, 9:30am, 11:30am, 7pm

Domingo: 1:00pm (Spanish)

Newman Mass: 9 pm (during school year)

Weekday

Monday through Friday: 7:00am

Saturday: 8:00am

Reconciliation

Saturday: 4:00pm,
or by appointment

Adoration of the Blessed Sacrament

Monday: 7:00am - 5:00pm

Thursday: 6:00pm - 9:00pm

For Baptisms, Weddings, and
Funerals, please call the office
530-756-3636 to make an
appointment with Father Rey.

Nuestra Misión.-

La iglesia católica de St. James es una comunidad unida por la fe en Dios y nutrida por Jesus por medio de la Palabra y la Eucaristía. Guiados por el Espíritu Santo, compartimos el mensaje de esperanza, misericordia y amor. Buscamos justicia para todos por medio de la oración, formación de la fe, evangelización, compañerismo y justicia social. Invitamos a todos a la alegre celebración de nuestra Fé.

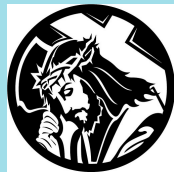
Our

Mission Statement--

St. James Catholic Church is a community united by faith in God and nourished by Jesus through both the Word and the Eucharist. Guided by the Holy Spirit, we share the message of hope, mercy, and love. We seek justice and righteousness for all through prayer, faith formation, evangelization, stewardship, fellowship, and social justice. We welcome all to the joyous celebration of our Faith.

THIS WEEK'S MASS INTENTIONS

<u>Day</u>	<u>Time</u>	<u>Intentions for</u>
3/9	7:00am	Darcene Munir INT ✠
3/10	7:00am	Pio Cascella ✠
3/11	7:00am	Richard Gambatese ✠
3/12	7:00am	All Sacramento Diocesan Priests INT
3/13	7:00am	Bishop Jaime Soto INT
3/14	8:00am	Delores Guisti ✠
	5:30pm	Tom Paro ✠
3/15	8:00am	Vern Drifill ✠
	9:30am	Neil O'Flaherty ✠
	11:30am	Tom Lyons, Jr. ✠
	1:00pm	Christian Aceves ✠
	7:00pm	Mass for the People



Stations of the Cross
in English will be
held every Friday at
5:30pm during Lent.

Spanish Stations of the Cross will be
held every Friday at 6:30pm.

Two Exceptions are on April 3rd.
English Stations of the Cross will be
at 5pm. April 3rd in Spanish has
been cancelled.

St. Vincent de Paul Society
Help Line: **530-979-4338**

Second Sunday of Lent March 8, 2020

TODAY'S READINGS

First Reading — The LORD said to Abram: All the families of the earth shall find blessing in you (Genesis 12:1-4a)

Psalm — Lord, let your mercy be on us, as we place our trust in you (Psalm 33).

Second Reading — God has called us to a holy life, not because of our works but according to grace (2 Timothy 1:8b-10).

Gospel — Atop a high mountain, Jesus was transfigured before Peter, James, and John (Matthew 17:1-9).

READINGS FOR THE WEEK

Monday: Dn 9:4b-10; Ps 79:8, 9, 11, 13; Lk 6:36-38

Tuesday: Is 1:10, 16-20; Ps 50:8-9, 16bc-17, 21, 23; Mt 23:1-12

Wednesday: Jer 18:18-20; Ps 31:5-6, 14-16; Mt 20:17-28

Thursday: Jer 17:5-10; Ps 1:1-4, 6; Lk 16:19-31

Friday: Gn 37:3-4, 12-13a; 17b-28a; Ps 105:16-21;

Mt 21:33-43, 45-46

Saturday: Mi 7:14-15, 18-20;

Ps 103:1-4, 9-12; Lk 15:1-3, 11-32

Sunday: Ex 17:3-7; Ps 95:1-2, 6-9; Rom 5:1-2, 5-8;

Jn 4:5-42 [5-15, 19b-26, 39a, 40-42]

SAINTS & SPECIAL OBSERVANCES

Sunday: Second Sunday of Lent; Daylight Saving Time begins; International Women's Day

Monday: St. Frances of Rome; Purim (Jewish observance) begins at sunset

Friday: Abstinence

THE HEAVIEST LOAD

A chip on the shoulder is the heaviest load anyone can carry.

—Anonymous

Up Coming Events:

3/9Monday:

- Eucharistic Adoration-8am-5pm
- New Men Reading Group-7am
- Environmental Justice Meeting-6:45pm
- Gospel Justice Meeting-7:15pm

3/10 Tuesday

- St. Vincent de Paul Client Aid Meeting -2:30pm
- Adult Basketball-7pm
- Financial Peace University Class-7pm

3/11 Wednesday

- Women's Scripture Study-9:45am
- Bereavement Ministry-10:30am
- Bible Timeline: The Story of Salvation -6:45pm
- RCIA -7pm
- Women's Guild Regular Meeting-7pm
- Newman Center Basketball-7pm
- Lay Mission Project-7pm

3/12 Thursday

- Newman Night-4pm
- 35+ Adult Basketball-7pm
- Pack III Bridging-7pm

3/13 Friday

- Men's Scripture Study-7am
- English Stations of the Cross-5:30pm
- Hispanic Stations of the Cross-6:30pm

3/14 Saturday:

- Reconciliation in Church-4pm
- Mass-5:30pm

3/15 Sunday:

- Pancake Breakfast-8:30am
- Bible Timeline: The story of Salvation-10:45am
- Newman Hispanic Meeting-2pm
- Regular Mass Schedule

STAFF AT ST. JAMES

Fr. Rey Bersabal, Pastor

rbersabal@stjamesdavis.net

Fr. Andres Emmanuelli, Parochial Vicar

aemmanuelli@stjamesdavis.net

Deacon Sam Colenzo, ext. 261
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Kathryn Thorpe, Pastoral Care
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Michelle Elfrink, Bookkeeper
melfrink@stjamesdavis.net ext. 205

R.C.I.A-Rite of Christian Initiation for Adults-Maria Saldana
rcia@stjamesdavis.net ext. 207

PARISH SCHOOL

Office: (530) 756-3946

Heather Church, SJS Principal
hchurch@sjdsdavis.com

NEWMAN CENTER

Vince Nims, Director

www.davisnewman.org

For Baptisms, Weddings, and Funerals, please call the office 530-756-3636 to make an appointment with Father Rey.

Second Sunday of Lent March 8, 2020

Christ Jesus . . . destroyed death and brought life and immortality to light through the gospel.
— 2 Timothy 1:10b

Weekly Collection

3/1/20 \$16,827.05

2020 LENTEN REGULATIONS

Ash Wednesday, February 26, marks the beginning of Lent. Lent is a season in which the faithful are called to reflect on the Paschal Mystery more intently. It is a time of spiritual renewal and to examine one's relationship with God and others more carefully. It is also a time in which catechumens prepare to receive the Sacraments of Initiation at the Easter Vigil. The Church calls everyone, therefore, to a spirit of penance through prayer, fasting, and almsgiving.

FASTING AND ABSTINENCE

In order to foster a spirit of repentance and unite ourselves more closely to Christ, Church law requires the observance of Abstinence and Fasting (CIC - Code of Canon Law, 1249-1253) during Lent. 1. Abstinence: All persons, 14 years and older, are obliged to abstain from meat on Ash Wednesday and all Fridays of Lent. Other forms of abstinence, including abstinence from alcoholic beverages, television, video games, the internet and social media, are also beneficial. 2. Fasting: Everyone from ages 18 to 59 is obliged to fast on Ash Wednesday and Good Friday. Voluntary fasting on other weekdays of Lent, especially on Wednesdays and Fridays, is highly recommended. Fasting is understood to mean that one full meal may be eaten. Two other small meals may be eaten, but together they should not equal a full meal. Eating between meals is not permitted. When health or ability to work would be seriously affected, neither the law of fasting nor the law of abstinence obliges. If in doubt, one's parish priest or confessor should be consulted. Airport workers, travelers, and others while on board ships or airplanes are dispensed from the laws of fast and abstinence for the duration of their journey (except on Good Friday). It is desirable that they perform some other pious act instead.

PRAYER

Catholics are urged to read and pray with sacred Scripture more intently during Lent, and to deepen their faith by reading the Catechism of the Catholic Church. The faithful are encouraged to participate in special devotions offered by the parish, especially parish penance services and Eucharistic adoration. Other devotions such as the Rosary, the Divine Mercy Chaplet, visits to the Blessed Sacrament, and praying for vocations to the priesthood and religious life are also encouraged.

ALMSGIVING

From earliest times giving to the poor, or almsgiving, has been an invaluable spiritual practice, a religious duty, a form of penance, an expression of Christian charity, and an aid to interior conversion. Therefore, all Catholics are urged to give generously to assist the poor and support the charitable works of the Church, especially through their local parish and the Annual Catholic Appeal. The faithful are also encouraged to visit the sick, the homebound, the aged, and those in prison, remembering the words of our Lord Jesus Christ who said, "As you did it to one of the least of these my brethren, you did it to me." (Matthew 25:40). Fasting and abstinence together with almsgiving and charitable works unites us to the crucified Christ reflected in the image of our brothers and sisters who suffer.



THE NEW PICTORIAL DIRECTORIES ARE HERE!

The new parish directories have arrived! If you had your pictures taken you receive a free Pictorial Directory. Please stop by the Pastoral Offices Monday—Friday, 8am to 4:30pm.

APRIL WEDDING ANNIVERSARIES AND BIRTHDAYS

Do you have a wedding anniversary or birthday in April? Fr. Rey would like to recognize both on the first Sunday of April, during Mass.

For Wedding Anniversaries, email your information to Marcia at mberry@stjamesdavis.net.

For Birthdays, you will be asked to stand up for a blessing. If you would like your name published in the bulletin, please also email Marcia at mberry@stjamesdavis.net



THANK YOU FOR SUPPORTING THE ANNUAL CATHOLIC APPEAL

Your gift will make a difference in someone's life. If you have not yet made a donation, it's not too late! Envelopes are still available in the Church or in the parish office. Please remember25% of what you give is returned to our parish to assist people in our own community who need help.



This is the 3rd week of our Lenten ARISE season 4 journey. The focus of this weeks chapter, Building anew is! Lent is a time to contemplate....

- "Destroy" so as to "raise". What can this mean?
- The Church is the Body of Christ, the community of those baptized into Christs' death and resurrection.
- The Church as the home of all God's family.
- We are Easter people and the cornerstone of rebuilding is hope.

Finally, true reconciliation calls us to shape the future. Have a wonderful week as we continue our Lenten journey. Thank you to all who continues to pray for the ARISE program and our participants. May God Bless us all!

ENVIRONMENTAL JUSTICE

"The specialization which belongs to technology makes it difficult to see the larger picture. The fragmentation of knowledge proves helpful for concrete applications, and yet it often leads to a loss of appreciation for the whole, for the relationships between things, and for the broader horizon, which then becomes irrelevant."

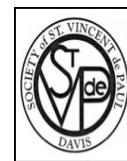
(Laudato Si, #110)

To solve our global environmental and poverty problems, we may need to step back and endeavor to see the picture as a whole - how the cry of the earth and the cry of the poor and intertwined. Einstein once remarked that we cannot solve problems while still retaining the mindset that created them. Today we need to approach our work for the planet and the people from a different, more holistic perspective.

The Vincentian Corner

March 1, 2020-First Sunday in Lent

In today's Gospel, Peter, John and James witness Jesus' transfiguration and hear God's voice saying, "This is my



chosen Son, listen to him." In these early days of Lent, may we listen to Jesus and open our hearts to the grace of prayer, fasting, and almsgiving. This Lent, let us look back on our lives and see those ways we have been transformed by events that were beyond our control, often by our contact with the those in need, by their faith, their gratitude, their persistent trust in God's presence and providence. Are there not "angels" who enter our lives and touch us deeply because of their authentic witness to the gospels, because of their persevering hope in the face of sickness, suffering, and death? This Lent let us focus on growing in awareness of God's self-gift, in its many expressions, and raise our hearts and voices to the Lord in gratitude.

A big "THANK YOU!" to all those parishioners who took the time, effort, and expense to participate in our 17th annual "Different Kind of Paper Drive." You provided comfort to those of our sisters and brothers in need. Pope Francis often speaks of the "globalization of indifference." Your generosity shows that St. James parishioners are far from indifferent to the needs of those fallen on hard times.

Parent Volunteers Needed for Scout Mentorship

Scouting Troops 1625 (girls) and 139 (boys) have a number of scouts interested in exploring their faith through earning the Catholic Scouting religious emblems *Ad Altare Dei* and *Pope Pius XII*. We are in need of a few parent mentors to help guide these scouts through the program under the leadership of Father Rey and with the support of the Troop Chaplain. The parent mentors would be expected to meet periodically and regularly with the interested scouts over a 6-8 month period as they advance through the requirements for these respective emblems. Interested parents should send an email to Troop 139 Chaplain, Bruce Christensen: theriodvm@gmail.com.



EUCCHARISTIC ADORATION

Spend an hour with the Lord.

ADORATION HOURS;

Monday: After 7:00am Mass Until 5:00pm.

Thursday: 6:00 til 9:00pm in St. James Chapel.



BABY BOTTLE BOOMERANG A PROJECT OF SPERO, FORMERLY PREGNANCY SUPPORT GROUP

WOW! Spero is delighted at the wondrous outpouring of love from St. James parishioners through the 2019 Baby Bottle Boomerang Campaign. You donated \$9,506.08 to support our life-giving and empowering work with pregnant women and their children. But there's more! The youngest in our parish, our Faith Formation students, donated \$1,647.21. All together, your donations totaled \$11,153.29 to benefit women and their babies in Yolo County! This surpasses all previous years and puts us over \$30,000 raised by St. James parishioners over the past six years. Congratulations and gratitude to you all! We have a special thank you this year for Fr. Andres Emmanuelli. It was through Fr. Andres' inspiration that we were invited to bring the mobile unit to St. James so that parishioners could see the range of services and how we deliver those services to those throughout Yolo County who do not have the means to travel to Woodland. Thank you, Fr. Andres! We know that your invitation spurred donations beyond our wildest dreams. Our deepest thanks and endless Blessings to everyone who contributed to make our 2019 Baby Bottle Boomerang such a wonderful success!

- Chris Dodson, volunteer, Spero

Congratulations to our newly Confirmed Felicitaciones a nuestros recién confirmados

Victoria Susan Agnew
Katherine Eleanor Baggarly
Elizabeth Kathryn Barger
Gabriella Marie Baxter
Katelyn Margaret Benson
Lauren Elizabeth Birkle
Carlos Immanuel Campos
Carlos Selassie Campos
Carlos Miguel Campos
Keilana Isabel Esteve Catalos
Alysa Sophia Chavez
Nikolas Andres Chavez
Jesus Manual Chavir, Jr.
John Nicolas Churchward
Alexandrine Couzet
Anna Marie Dailey
Rachel Ann Davis
Angelina Renee Delaini
Anthony Nicolas Duran
Joshua Augustine Dwyer
Caroline Claire Foraker
Antonio Enrique Garibay
Luis Alejandro Garibay
Monica Isabel Garibay
Elizabeth Claire Gibbons
Olivia Grace Gill
Gama Sofia Gomez
Ana Marie Goya
Nathan Angel Gutierrez
Austin Matthew Hedrick
Jack Jerome Heynan
Chase Alexander Hirsig
John Robert Holland
Evelin Ibarra
Joseline Ibarra Duenez
Jackelyn Carrasco Jimenez
Benjamin Richard Landerman
Justin Lawrence LaBeske
Joli Ling-Tsai
Natalie Bebe Lomeli
Angel David Mora Lopez

Guadalupe DeJesus Mora Lopez
Mariana Lopez Rodriguez
Sofia Lopez Rodriguez
Kerrigan Marie Lynch
Brianna Elizabeth McGahan
Carolina Mejia
Isabelle Rose Messner
William Wyatt Messner
Abbie Lynn Ming
Adrian Moses Tiv Mondala
Jose Angel Morales Torres
Hannah Morrill
Juan Murillo Cabrera
John Paul Neaverth
Jianna Beatrice Antivola Ongsioco
Dante Umberto Peri
Kaylin June Perry
Heriberto Ponce
Sarah Marie Pritchard
Livia Grace Profaci
Leslie Quinones Jaimes
Arianna Lucero Ramirez
Samuel Robert Rosas
Anna Kathryn Sale
Dominic Akamu Salinas
Sebastian Sanchez
Raul Sandoval
Tess Marie Schouten
Kaitlyn Anne Schroeder
Dylan James Schwagerus
Berenice Silva Alanis
Sydney May Smith
Jessyca Anahi Soto Hernandez
Dominique Sutliff Soto
Kevin Ulises Torres Becerra
Cristian Vargas Espino
Diana Marie Vazquez
Margarita Isela Vazquez
Marissa Citali Vazquez
Nathan Ryan Winn

ST. JAMES SCHOOL— PARISH CONNECTION

This school year our children have been learning about St. Thomas Aquinas' cardinal virtues and daughter virtues with the *Education in Virtue* program. During the months of March and April, we will focus our learning on **Justice**. Justice is the cardinal virtue that perfects our will and all our relationships with others, including family, country, and Church. It is the constant and firm will to give to each what is his due. It disposes us to respect the rights and dignity of others, leading to harmony and equality in human interactions. Justice toward God is the virtue of religion. The just Christian is motivated by charity, a sincere will to not only give to others what is their due, but to will the good for them.

During this Lenten season, we will be targeting the daughter virtues of **Generosity, Gratitude, Kindness, Prayerfulness, Respect, and Sincerity**.

In the words of St. Pope John Paul II: *It is necessary, therefore, to deepen our knowledge of justice continually. It is not a theoretical science. It is a virtue, it is capacity of the human spirit, of the human will and also of the heart. It is also necessary to pray in order to be just and to know how to be just. We cannot forget Our Lord's words: "The measure you give will be the measure you get" (Matthew 7:2). A just man is a man of a "just measure."*

FINANCIAL COURSE TO BE OFFERED AT ST. JAMES MARCH 10-MAY 12

Financial Literacy Course to be offered at St. James, March 10-May 12th. Join us for Financial Peace University course at St. James! This 9-week financial literacy course will be held on Tuesday's from 6:30-8:30 pm in the St. Ignatius Room, starting March 10th. We will discuss how money affects your relationships; budgeting and setting up a plan for your money; getting out of debt, planning and saving for the future as well as making responsible money decisions. The cost per family is \$109.00 for the workbook materials and access to online course presentations for 1 year. **Partial scholarships are available**, by speaking to Fr. Rey. To register for the course at: <https://www.fpu.com/1088074>. For questions, please contact Jeannette Velez at 916-947-6527 or Melissa Scheaffer at 530-312-2644.

THE MARRIAGE MINISTRY CORNER

God desires you to live together in happiness for your entire lives. But you must work hard to achieve this. You must choose your spouse anew each day. Are you ready to do that? Join our Evenings for the Engaged program. Call Marcia Berry at 530-756-3636 or email mberry@stjamesdavis.net.

**8 DE MARZO
DE 2020
SEGUNDO DOMINGO
DE CUARESMA**

LECTURAS DE HOY

Primera lectura — Abram partió como se lo había ordenado el Señor (Génesis 12:1-4a).

Salmo — Señor, muéstrate bondadoso con nosotros, puesto que en ti hemos confiado (Salmo 33 [32]).

Segunda lectura — Comparte conmigo los sufrimientos por la predicación del Evangelio, sostenido por la fuerza de Dios (2 Timoteo 1:8b-10).

Evangelio — “Este es mi Hijo amado, en quien tengo puestas mis complacencias, escúchenlo” (Mateo 17:1-9).

**LECTURAS DE LA
SEMANA**

Lunes: Dn 9:4b-10; Sal 79 (78):8, 9, 11, 13; Lc 6:36-38

Martes: Is 1:10, 16-20; Sal 50 (49):8-9, 16bc-17, 21, 23; Mt 23:1-12

Miércoles: Jer 18:18-20; Sal 31 (30):5-6, 14-16; Mt 20:17-28

Jueves: Jer 17:5-10; Sal 1:1-4, 6; Lc 16:19-31

Viernes: Gn 37:3-4, 12-13a; 17b-28a; Sal 105 (104):16-21; Mt 21:33-43, 45-46

Sábado: Mi 7:14-15, 18-20; Sal 103 (102):1-4, 9-12; Lc 15:1-3, 11-32

Domingo: Ex 17:3-7; Sal 95 (94):1-2, 6-9; Rom 5:1-2, 5-8; Jn 4:5-42 [5-15, 19b-26, 39a, 40-42]

**LOS SANTOS Y OTRAS
CELEBRACIONES**

Domingo: Segundo Domingo de Cuaresma; Cambio de Hora; Día Internacional de la Mujer

Lunes: Santa Francisca Romana; Purim (festividad judía) comienza al atardecer

Viernes: Abstinencia

**BABY BOTTLE BOOMERANG
UN PROYECTO DE SPERO, previamente llamado,
PREGNANCY SUPPORT GROUP**

WOW! Spero está encantado con tantas expresiones de cariño de parte de los parroquianos de St. James, durante la campaña del 2019. Sus donaciones de \$9,506.08 sostienen nuestro trabajo con mujeres embarazadas y sus hijos. Pero, hay más! Los más jóvenes de nuestra parroquia, los estudiantes de la Formación de Fé, donaron \$1,647.21. Todo junto, sus donaciones suman \$11,153.29 que benefician a mujeres y bebés en Yolo County. Esto sobrepasa todos los años anteriores y nos pone por encima de los \$30,000 recaudados en los últimos 6 años. Felicitaciones y Gracias a todos!!!! Este año agradecemos especialmente al Padre Andrés Emmanuelli. Fue por su sugerencia que fuimos invitados a traer la unidad móvil a St. James para que los parroquianos puedan ver los servicios que prestamos en todo Yolo County para personas que no tienen los medios de viajar a Woodland. Gracias Padre Andrés!! Sabemos que por su invitación recibimos más donaciones de lo que soñamos. Nuestros sinceros agradecimientos y bendiciones para todos los que contribuyeron en la campaña del 2019, la cual fue un maravilloso éxito!!!!
Chris Dodson, voluntaria, Spero

**RADIO SANTISIMO SACRAMENTO
Estación de radio 1240 AM**

Te invita a hacer un reto:

Un reto que la ha cambiado a la vida a miles de personas.

En qué consiste?

Tú escuchas la radio 1 hora diaria durante la cuaresma e invitas a 3 personas más a hacer el reto también.

Confía en Dios. Es El quién garantiza la conversión.

**SANTA FRANCISCA ROMANA (1384-1440)
9 de marzo**

Francisca nació en una familia cristiana donde aprendió a amar a Dios y a los pobres. Contrajo nupcias muy joven, pero jamás abandonó su deseo de servir a los pobres, labor pastoral que fue apoyada por Lorenzo, su esposo. Además de ser ejemplar esposa y madre, oraba constantemente y salía del palacio vestida con ropas humildes para ir a visitar a los enfermos y llevar alimento a los pobres. Su amor por los marginados era tan grande que cuando azotaron inundaciones y pestes no dudó en abrir su palacio para que se convirtiera en hospital y refugio de damnificados, cuidando personalmente de ellos y ofreciéndoles alimento. Este amor por los pobres lo compartió con una de sus cuñadas, con quien no sólo practicó la caridad sino compartió el sueño de ser religiosa. Siendo esposa y madre fundó la comunidad de las Oblatas de María, cuyo carisma era vivir en el hogar sirviendo a los pobres. Se unió a esta comunidad religiosa una vez que enviudó y sus hijos crecieron. Para los ciudadanos de Roma fue un vivo ejemplo de Cristo.

—Miguel Arias, Copyright © J. S. Paluch Co.



**Gracias por apoyar a nuestros
vecinos necesitados a través
del Llamado Católico Anual**

Su donación hará una diferencia en la vida de alguien. Si aún no ha hecho una donación, ¡no es demasiado tarde! Los sobres todavía están disponibles en la iglesia o en la oficina parroquial. Recuerde: el 25% de lo que da regresa a nuestra parroquia para ayudar a las personas de nuestra comunidad que necesitan ayuda.

Reglamentos y Admoniciones Cuaresmales del 2020

El 26 de febrero 2020, Miércoles de Ceniza, emprendemos otra vez el recorrido cuaresmal durante el cual procuramos profundizar nuestra conversión. La cuaresma nos prepara para celebrar el Misterio Pascual de la pasión, muerte y resurrección de Cristo. Es tiempo de reflexión y renovación espiritual, tiempo de examinar nuestra relación con Dios y con los demás. También es un momento en el cual los catecúmenos se preparan para recibir el Sacramento de Iniciación en la Vigilia Pascual. La Iglesia también llama a los católicos a adoptar un espíritu de penitencia, especialmente la práctica de los "Actos Religiosos": el ayuno, la oración y la limosna, "que expresan la conversión con relación a si mismo, con Dios y con los demás". (Catecismo de la Iglesia Católica Nos. 1969 y 1434).

AYUNO Y ABSTINENCIA

Para fomentar el espíritu de penitencia y reparación por el pecado y unirnos más estrechamente con Cristo, la ley de la Iglesia requiere que se observe, durante la Cuaresma, el ayuno y la abstinencia (CIC, nos. 1249-1253).

1. Abstinencia: Todas las personas que hayan cumplido los 14 años de edad tienen la obligación de **abstenerse de comer carne el miércoles de Ceniza y todos los viernes de Cuaresma**. Otras formas de abstinencia durante la Cuaresma serían: abstenerse de bebidas alcohólicas, televisión, videojuegos, internet, redes sociales y otros dispositivos electrónicos. La Cuaresma es espiritualmente beneficiosa.

2. Ayuno: Todas las personas, de 18 años hasta los 59, tienen la obligación de **ayunar el miércoles de Ceniza y el Viernes Santo**. El ayuno es opcional en otros días de la cuaresma, especialmente los miércoles y viernes, es sumamente recomendable.

Generalmente, el ayuno consiste de una sola comida completa al día. Se pueden ingerir otras dos comidas pequeñas suficientes para mantener las fuerzas, pero juntas no deben ser equivalentes a una comida completa. No está permitido comer entre las comidas, pero si está permitido ingerir líquidos. En casos en que peligre la salud o la capacidad de trabajo, no se aplican las leyes del ayuno y abstinencia. Si se tienen dudas al respecto, se ha de consultar con un sacerdote de la parroquia o con un confesor. Los que trabajan en los aeropuertos, los viajeros y otras personas que se encuentren a bordo de barcos o aviones están exentos de las leyes de ayuno y abstinencia mientras dure su viaje (excepto el Viernes Santo). En su lugar, conviene que practiquen algún otro acto piadoso.

ORACIÓN

Con el fin de profundizar nuestro amor por Cristo, los católicos debemos orar y meditar las Sagradas Escrituras; estudiar el Catecismo de la Iglesia Católica; participar en los actos piadosos que ofrezca nuestra parroquia; y orar con mayor fervor individualmente, en familia y en comunión con otras personas. A los fieles se les exhorta a que recen el rosario, visiten al Santísimo Sacramento y oren, especialmente por las vocaciones al sacerdocio y a la vida consagrada, y por la paz mundial.

LIMOSNA

El acto de dar a los pobres, es la más antigua tradición de la Iglesia, es una expresión de penitencia, una forma piadosa, un testimonio de caridad fraterna y una expresión de conversión cuaresmal. Por consiguiente, a todos los católicos se les pide que ayuden generosamente a las obras caritativas de la Iglesia, incluyendo las contribuciones regulares a su parroquia y a la Campaña Católica Anual que responden con generosidad a los pobres y los vulnerables por medio de Caridades Católicas, la educación de los seminaristas y niños en las escuelas Católicas, y programas de servicio social en su parroquia local.

Se les invita también a que ayuden de diferentes maneras a los enfermos, a los necesitados, a los ancianos y encarcelados. El ayuno y la abstinencia junto con las obras de caridad ayudan al católico a vivir en solidaridad con Cristo crucificado reflejado en la imagen de sus hermanos y hermanas que sufren.



LA REGISTRACION PARA LA FORMACION DE LA FE DEL 2020-2021 COMIENZA EN LA PRIMAVERA

Abril para los estudiantes que continúan.

Mayo – Parroquianos

Julio – No parroquianos, con carta de aprobación del Párroco.

La registración se cierra en agosto. Las clases comienzan el 13 de septiembre. Habrá más información en los próximos meses. Si tiene preguntas puede conectarse con Josephine al: jmislang@stjamesdavis.net o al 530 756-3636 x 208



Habrán estaciones de la cruz durante los viernes de Cuaresma en Inglés a las 5:30pm y en español a las 6:30pm.

3 de Abril las estaciones de la Cruz en Inglés comenzarán a las 5pm. El día 3 de abril no habrá estaciones de la cruz en español.

Weekly Bulletin

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This bulletin will be transmitted on February 26
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